

# Pedal Power

February, 2024

[www.BayViewBikeClub.org](http://www.BayViewBikeClub.org)



## The Prez Sez

by Craig Meyer

Good morning. As I sit here this Sunday morning sipping my coffee, lamenting over how the Packers should still be in the NFL Playoff hunt, I can now focus with heightened anticipation for cycling season to begin asap.

Before my cycling season gets off in full form, I do need to replace my bike. The bike that has served me for the past 6+ seasons has a drive train that is end of life, and the bike as a whole, really is not worth the investment of a new drive train. With that said, I would be interested to hear what is working well for you. When you see me next, be sure to strike up a conversation with me about the favorite features on your bike. I am genuinely interested to hear what the valuable features are.

I am excited to kick off the new BVBC year with a full Board of Directors. We have two new members, Robin Beattie and Emily Carman. I look forward to innovative ideas from Robin and Emily, and seeing how the new group dynamic plays out. Look for added new creative ideas to improve ride day communication to members on rides.

In March, the club will be holding the 2024 Bay View Bicycle Club Early Season Ride Schedule Reveal Pizza Party/Member Meeting. The details of that event are posted separately in this newsletter. Be sure to RSVP before 3/13. This year will

feature continued improvements to our already wonderful route library, as well as the addition of one or two new routes.

This season BVBC will continue to promote the use of Ride with GPS (RwGPS) to boost greater club member ride satisfaction. There will be at least one group event on a weeknight evening in late spring, where interested members can arrive at the predetermined site, and the Navigation Team will offer their help. A short RwGPS route will be available to evaluate the merits of the application from the meeting site.

I look forward to seeing the club members at the March pizza party.



## Membership Notes

By JD Rindahl

Hello BVBC family, I hope everyone is enjoying winter so far! Just a quick note to remind you that it's time to renew your membership. The spring riding season will be here before you know it. Remember, your Bay View Bicycle Club membership grants you access to Ride with GPS and all of the club's amazing routes. Also, as a Bay View Bicycle Club member, you may receive discounts from several area bike stores. For example, Wheel and Sprocket currently offers BVBC members 15% off regularly priced parts and accessories. And new for this year, BVBC and Road iD have teamed up to offer you a 20% discount on the purchase of a new Road iD. A Road iD is the one piece of gear no cyclist should be without. Customizable with your name and emergency contacts, ROAD iD is life-saving gear for when it matters most. So please send in those renewals and bring some friends with you!

I hope to see you out there!!

## 2024 BVBC Ride Reveal Meeting

The 2024 Bay View Bicycle Club Early Season Ride Schedule Reveal Pizza Party and Member Meeting will be held on Tuesday March 19, 2024, at Barbieri's, at 1021 Milwaukee Ave, South Milwaukee, WI 53172. Barbieri's will be open, serving beer, wine, cocktails and soft drinks before and during the party. We will begin at 6 pm with buffet style pizza, salad and garlic bread being served. Bay View Bike Club's esteemed Ride Chair will present the early ride schedule, highlighting route improvements and whatever else might lie ahead with a retiree in the Ride Chair role. Come to the event to learn what lies ahead for the 2024 BVBC season. Paid Bay View Bicycle Club Members are welcome and encouraged to attend. Nonmembers can sign up and pay their dues the night of the event, 3/19/2024. RSVP using the link below, by Wed 3/13/2024, by 9 am:

<https://www.signupgenius.com/go/805084BABA72FA64-47363053-2024>

## Club Insurance

You may or may not be aware that BVBC has an insurance policy in place which covers injuries to members while participating in club sanctioned activities. Please also be aware that our policy does not include coverage for guests. The cost of such coverage is included in your annual dues paid to BVBC. This policy pays medical benefits up to \$25,000 per claim with a \$250 deductible. Reimbursement under the club's insurance policy is secondary to any health insurance you have currently in force (e.g. health insurance coverage you may have through your employer, Medicare, Healthcare.gov, etc). This insurance policy does not include coverage for any damage to your bicycle or any other property that may be damaged in the incident. When an accident occurs, you must immediately notify the Ride Coordinator who will then submit an Incident Report to our insurance provider. Furthermore, injuries resulting from the use of class 1, 2, and 3 electric bicycles (e-bikes), as defined by the Consumer Products Safety Commission, are also covered under our insurance policy. It is, however, the sole responsibility of anyone riding an e-bike to be familiar with and in compliance with all state and local restrictions and laws, as they relate to the permissible use of e-bikes where they are being ridden.

## Tips for Cold Weather Riding

See the articles below for tips on cold weather riding (these do not include moving to Arizona or Florida)

<https://www.trainingpeaks.com/blog/cold-weather-cycling/>  
<https://www.bicycling.com/training/g20011536/guide-to-winter-cycling/>  
<https://www.rei.com/learn/expert-advice/winter-bicycling.html>



## We Have the Following Opportunities Available!

### Ride with GPS savvy tech!

We're looking for a volunteer, who's willing to provide technical support, and guidance, to club members on how to use Ride with GPS, when needed.  
If interested, please contact Andy Sikorski @ [ajsikorski@hotmail.com](mailto:ajsikorski@hotmail.com).

# The Board Members

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President: Craig Meyer  
Email: [Info@BayViewBikeClub.org](mailto:Info@BayViewBikeClub.org)



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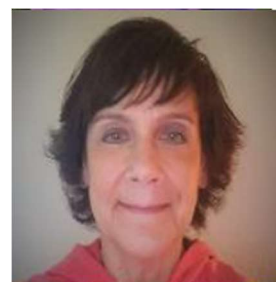
Ride Chair: Andy Sikorski  
Email: [Info@BayViewBikeClub.org](mailto:Info@BayViewBikeClub.org)



Board Member: Robin Beattie  
Email: [Info@BayViewBikeClub.org](mailto:Info@BayViewBikeClub.org)



Board Member: Emily Carman  
Email: [Info@BayViewBikeClub.org](mailto:Info@BayViewBikeClub.org)



Event Chair: Donna Spars  
Email: [Info@BayViewBikeClub.org](mailto:Info@BayViewBikeClub.org)



## IN THE WHEELS

Who's who in the BVBC



### This Month's Featured Member

#### **Kyle Borley**

Member Since: Summer 2020

Favorite BVBC Route: Any Kettle

Moraine Ride



### Favorite or Personal Cycling Quote or Motto:

**"I love climbing and I'm the greatest hill climber that ever existed." \***

**What attracted you to cycling?** Being outside, challenging myself, and a great stress reliever.

**What do you enjoy most about cycling?** I moved back to Wisconsin after living elsewhere for 11 years. I like cycling to the countryside and seeing the different areas and small towns. I love the hills and the shaded roads, especially in the Kettle Moraine area.

**How long Have you been riding?** I started road cycling after watching the 2014 Tour de France.

**What is your favorite place to ride?** Chios, Greece. It's a relatively small and untouristed island. The roads were great, no cars, amazing views, and the mountains/hills were very gradual. I was able to do 7,000 ft of elevation gain in 55 miles.

**What is the farthest you have ridden in one ride?** 200 miles, Green Bay area up to Door County.

**What is the best / most fun / rewarding ride you ever had?** I did four straight days cycling down the Congo Nile Trail in Rwanda. It was a unique ride, in that it was mountain biking, road biking, and a lot of cyclocross biking. I enjoyed the logistic planning and learned a lot from my mistakes. Also learned four straight days of plus 5,000 ft elevation gain, had a different effect on your body than flat roads in Wisconsin.

**What is the most challenging thing about cycling?** Trying to catch up to someone who is slowly getting further away and not just giving up.

**Do you have any personal cycling accomplishments?** This year I was able to cycle 3,000 miles outdoors.

**What do you do when you are not riding?** I enjoy traveling overseas. I like to do three trips a year. It's fun to try and do a bike ride during the trip.

**What do you like best about the BVBC?** I like that there are riders who are much better than me. It's a great way to push myself much further than I would otherwise. I always have a hard time mapping out a ride that is interesting and most importantly, safe. BVBC has both safe and interesting rides.

\* This is what I tell myself over and over, as I'm struggling up a hill in Wisconsin.



## Newsletter

By Robin Beattie

Don't forget, all club members are welcomed and encouraged to submit articles of interest and pictures to the newsletter.

[Newsletter@BayViewBikeClub.org](mailto:Newsletter@BayViewBikeClub.org)



### BVBC Mailing Address

Bay View Bicycle Club  
PO Box 070455  
Bay View, WI 53207

### Club Website



Thanks Dean for keeping  
our website updated!!

[www.BayViewBikeClub.org](http://www.BayViewBikeClub.org)



Facebook

Check out our club Facebook page for up-to-date information and events.



## A Word About Your Electronic Information

Your privacy is important to us. We don't share any of our membership information with anyone except the current membership. We don't sell or forward your email address to any outside organizations. The BVBC board will distribute a club membership roster to current, paid club members once during the later part of the riding season. The roster will include name, address, phone and e-mail. It will be distributed in .pdf format. We will no longer print a membership directory on paper. If you do not want your contact information to be a part of the roster, you may indicate that by marking the check box on your membership application or renewal or by sending an e-mail to [[membership-info@bayviewbikeclub.org](mailto:membership-info@bayviewbikeclub.org)].

With very few exceptions, all e-mails you get from us will be directly related to club activities. Please don't ask us to forward any e-mails to our membership. Please don't ask us to put you in contact with specific members. We don't do those things. If you would like to share your experiences about a particular ride, feel free to do that by submitting a comment or article for the newsletter. Many bicycle event organizers ask us to forward information about their ride to our members. In order to limit the number of e-mails you get from the club, we don't forward e-mails from outside organizations. We will publish information about rides, events etc. if it is submitted to the newsletter. You may also find information about the club, club rides and other bicycling events on the club Facebook page.



Let's Be Safe Out There!