

Pedal Power

August 2021

www.BayViewBikeClub.org



The Prez Sez

By Joe Fischer



We held a general membership meeting on July 19 at the Bay View Wheel and Sprocket. The first in person meeting since.....no one actually remembers when the last one was. Wheel and Sprocket graciously stayed open two hours past their normal closing time to accommodate us. We received an excellent tour that included all parts of the operation (including the beehives in back), and included interesting facts about the history of the building. The café was open as well.

On Sunday July 25 we hosted the Coalition Picnic. We had 60 RSVPs and about 55 people from all three clubs attended. The weather cooperated and we received a lot of positive feedback. I think we can safely call it a very successful event.

We had 23 riders for the Big Foot Prairie ride. The locals moved the annual Corn and Brat Festival to the park across the street from where we start the ride, so that was pretty handy. And tasty!

Next up there will be a picnic following the Ten Fountains ride at Kimberley Zur's parents' home in New Holstein (where the ride will also start). See below for the details.

Just a reminder that the September Ride in Eagle River to raise money for expanding the paved bike trail from Eagle River to St. Germain will be held on September 11. (this is not an official club event, but has been well attended by our members over the past few years). See below for more information.

We hope to have our annual year end banquet again in November. However, in light of recent developments with COVID and uncertainty about what restrictions may be imposed, we have not begun any planning. We will have to see how things go.

In the meantime, let's have fun out there!

Joe



COALITION PICNIC - IN CASE YOU MISSED IT!





Membership Notes

By Rich Temple

Just a reminder that there is still time to tell your friends about what a great bike club you belong to and to get them to join. Now, in case you are worried that if you were to get one of your friends to join, they will make new friends, and then forget about you, I doubt that very much. I mean, they will make new friends, but you are obviously their BFF for introducing them to the club. Believe me, they will be forever grateful.

Since I am not at every ride, I have been mailing membership cards out so that you are able to use your W&S discount on some sweeeeet new bike gear.

I encourage you to use the club website to join the club or to renew your membership, I think it is easier for you and it's definitely easier for Dean, Joe and (especially) me.

We have had three (3) new members join since the last newsletter, please welcome **Leo Jung, Kyle Borley and Roseann Fasi** to the BVBC. Including the renewals that have come in, we are up to 186 members for the 2021 season.

Also, one quick note: After the weekly ride email is sent out, we will occasionally get someone replying to that email with a question about the ride, or RwGPS, or do we know the cue sheets are in Russian. The thing is, once that email is sent, I basically don't look at that mailbox again until the next week when I'm sending out the next ride email. Which means no one sees your question. If you have a question, it is best to use the general club email (info@bayviewbikeclub.org) to get a response. Or you could try asking the question on the club's Facebook page for a (possibly) quicker response.

30th Street Corridor - the Next Connector Trail - Read All About It!



30th Street Corridor Shared-Use Trail
Preliminary Feasibility Study
September 2020



[30thSt Preliminary Feasibility Study Text 9.29 \(urbanmilwaukee.com\)](http://urbanmilwaukee.com)



Membership Spotlight



CONGRATULATIONS - HELEN HOGAN - COMPLETED HIKING THE ICE AGE TRAIL!



While the sign she's holding says 1,000 miles, she actually hiked some new loops that have been added. Her GRAND TOTAL was 1,224 miles!

Way to go

WAY TO GO MIKE SMILEY & RAHEEL PALLA

Pictured below is Raheel – not pictured is Mike Smiley who, after completing the ride was out celebrating his 60th birthday!

For those not familiar with the RAW ride, Raheel reported that it is a 225 mile ride, starting in LaCrosse and ending in Green Bay. This Mississippi to Lake Michigan ride included 400 participants with a determination to reach the finish line.





Cycling the Northern Tier - By Linda Roessl

On June 24th I flew from home to Anacortes, Washington to start my journey across the states of: Washington, Idaho, Montana and North Dakota. I thought I was prepared by having 1400 miles in the saddle riding with the bike club. Daily, I climbed the hill multiple times at the power plant in preparation for the mountain passes...ha-ha. What I wasn't prepared for was the extreme heat.

There were 25 great ladies on the Womantours. Some were triathletes, some were average riders like me and others 'bit off more than they could chew.' We set out to climb the mountain passes but when the temperatures reached 100+ degrees, the tour has a policy to pick up riders where ever we were on the route to keep us safe. The fast gals completed the mile, but most of us found relief in the AC in the van. This happened daily, since we had no relief from the extreme weather almost the entire 5 weeks.

It was truly an adventure. We had a chef and a guide to care for us. We ate good to maintain the nutrition/sodium/hydration we needed to ride day after day. Yes, we rode from town to town, every day, ending in a motel/hotel in a different city. After Whitefish, MT only 15 of us continued the remaining distance. This was planned since some gals had jobs, commitment, and the smarts to end the journey after two weeks.

I continued on to add a total of four states to my goal of riding at least 10 miles in every state in the U.S. The weather did not improve, we had a warm rain shower one day and the days were cooler when we started to ride at 6am. Climbing going to the Sun Road, cyclist needed to be to the top of the pass by 11am. It took me 3.5 hours to ride 20 miles. But take into consideration, bikes cannot impede traffic. Bikes need to move over at the bump outs to let cars go by. This gave sharing the road a whole new meaning with Motorhomes and trucks with campers.

The state of Washington was lovely. We spent only 2 days in Idaho. After riding through the mountain passes in Montana, the remainder of the state was ranches with cattle and shoulders with rumble strips. North Dakota had badlands with Bison, prairie dogs and wild horses. There were plenty of crop fields, oil fields, wind farms and better roads with shoulders to give us some sense of safety as a bicyclist. The smoke from the wild fires affected some of the riders with preexisting conditions. The smoke was really thick our last day riding into Fargo, ND

It was a great adventure and experience. I am happy I did it; once was enough. I met some lifelong friends. It was a long time to be away from home.



2021 BVBC Ride Schedule



By Andy Sikorski

Date		Route Name	Starting Location	Dist. 1	Dist. 2	Dist. 3	Dist. 4	Event / Notes
Saturday	August 14	Lake Mills Triangle	Lake Mills	29	41	56	0	0
Sunday	August 15	Wind Lake	Hales Corners	25	36	0	0	0
Saturday	August 21	LaGrange Upstream Fajita	LaGrange	33	43	0	0	0
Sunday	August 22	River Hills / Grafton	Glendale	31	48	0	0	0
Saturday	August 28	Germantown Roll	Germantown	24	32	40	0	0
Sunday	August 29	Ottawa Lake	Dousman	29	41	0	0	0
Saturday	September 4	Ten Fountains	New Holstein	27	36	49	0	Scrumptious Saturday - Ten Fountains Picnic!
Sunday	September 5	Fiddlesticks	Thiensville	33	0	0	0	0
Monday	September 6	Cedarburg	Cedarburg	25	37	54	0	0
Saturday	September 11	East Troy Trolley Dodger	East Troy	33	49	0	0	East Troy Bluegrass Festival
Sunday	September 12	Whitnall South	Franklin	22	37	58	0	0

Click here for ride detail:

<https://bayviewbikeclubblog.files.wordpress.com/2021/05/detailed-schedule-15may2021-to-27jun2021-08may2021.pdf>

Ten Fountains Picnic Info

By Andy Sikorski

Summer may be moving too quickly but there's still time to squeeze in another picnic. Last year on Labor Day weekend Kimberley Zur hosted the inaugural riding of the new Ten Fountains route mapped by her and Ted. The beautiful route takes us on the rolling back roads and small-town main streets in and around New Holstein, Elkhart Lake, and Kiel. Climb the Sheboygan Marsh tower, refuel at the grand Osthoff Resort promenade, and kick back at the Sheboygan River waterfall in Kiel. The long route also passes through charming downtown Plymouth.

This year the festivities won't end when we return from the ride – Kimberley's parents have invited us to stay and enjoy a bite to eat in their beautiful backyard. As part of our ongoing COVID precautions, all food and drink will be provided by BVBC. There's no need to bring a dish to pass or to contribute though the picnic is open to paid BVBC members only. Watch your email for final details and RSVP information.

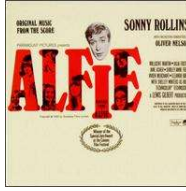
In order to allow everyone to enjoy the picnic together, following are the suggested start times:

49 mile: 8:30AM

36 mile: 9:00AM

27 mile: 9:30AM

Rider Points – What's it all about Alfie???



by Andy Sikorski

We've had a few new members ask: 'What's the deal with this Rider Points report that's in every newsletter?' -and- 'How can I take my place with the cool kids at the top of the list?'. Well, Rider Points are the method BVBC has devised to encourage its members to participate fully and perhaps allow them to claim some bragging rights within the club. A few dedicated riders will even qualify for prizes at the year-end banquet.

The most basic method of earning points is to join us on our club rides. You'll be credited with one Rider Point for each mile ridden on our weekly scheduled routes. The more rides you join and the longer the routes you ride, the more points you'll accrue.

However, take note of the key phrase 'on our weekly scheduled routes'. As much as we'd like to award points for the 37 extra miles you rode when you took a wrong turn, or that double Century you completed on your commute to the ride starting point, you're only going to get credit for mileage ridden on the actual route. Don't fret though. Your extra miles may be subject to the exclusions I just named but keep in mind that they may help you qualify for the annual 'Twisted Monkey' award – an honor far greater than being at the top of the Rider Points list.

Of course, you'll only get that credit if your name is correctly marked on the roster sign-in sheet along with an indication of the mileage you intend to ride. By club bylaw, the points for any names that can't be deciphered automatically get credited to the Treasurer (we're hoping he recovers and is back earning points for himself very soon!).

We know that there are occasions where a person rides a different distance than originally chosen, or when unforeseen circumstances warrant you taking a reasonable shortcut of the planned route. In these cases, we rely on the honor system and ask you to report back to that day's Ride Coordinator or Ride Chair (that's me) so that the sheet can be updated and the proper credit given.

Rider Points can also be awarded when groups of members ride in organized community/charity rides not on our schedule as long as a few criteria are met: 1) BVBC is given the opportunity, as a club, to act as Ride Marshalls for the event; 2) All BVBC members are notified in advance of the registration process; and 3) Someone volunteers to act as Ride Coordinator and returns a valid sign-up sheet.

Finally, don't miss out on your opportunity to earn a few bonus points. These are awarded for things like being a Ride Coordinator, volunteering at the BVBC booth during the Wheel & Sprocket Expo (whenever it returns...), or by participating in other events as designated throughout the year (such things as representing BVBC during the TOAD races or manning our Tour de Cure rest stop).

Now that you understand a bit more about how the points work, challenge your fellow members and yourself to maximize the number of miles you ride with the club. Either way, have fun watching your total grow as we progress through the season.

Rider Point Update

Rider Points through 8/1/2021 - Missing some Tuesday Ride Points								
Suzanne	Ziegler	1174	Jeff	Torres	268	John	Zellner	99
Michael	Dix	1007	Patti	Fronberry	262	Douglas	Howe	97
Scott	Siebers	970	Joseph	Fischer	259	Judy	Shor	97
Craig	Meyer	907	Jill	Kenehan-Krey	246	Bill	Reid	90
Linda	Roessl	849	Rob	Manke	216	Kim	Lamers	81
Joel	Ziegler	826	Amalia	Schoone	216	Tim	Sullivan	80
Andy	Sikorski	721	Bobbie	Montgomery	215	Eileen	Whisler	79
Helen	Hogan	712	Gary	Aschenbrenner	209	Pauline	Ellington	76
Norm	Wojtal	660	Joan	Dadian	205	Mike	Glodowski	69
Chuck	Blakely	653	Clare	Beachkofski	200	JoJo	Orosa	69
Rich	Heller	648	Christine	Burke	195	Heather	Wolfgram	67
Prati	Wojtal	632	Ted	Maus	188	Lois	Gresl	65
Roger	Retzlaff	607	David	Rosenberg	188	Catie	Gietzen	64
Ted	Gast	597	Rick	Ripple	186	Jill	Haas	56
Ron	Santoro	596	Amy	Barr	185	Vicki	Samolyk	56
Joseph	Soriano	573	Diane	Yurasovich	178	Pete	Cannon	55
Jeff	Schmidt	556	Matt	Wrench	168	Samuel	Paque	55
Debra	Tuckwood	547	Harriet	Pfersch	166	Joseph	Fasi II	54
Jerry	Burdick	526	Mark	Steckhahn	166	Andrea	Kronberg	53
Ron	Talsky	479	Mike	Bansemar	159	Robbyn	Tuinstra	50
Kimberly	Zur	477	Peter	Blain	159	Patricia	McBride	38
Michael	Smiley	471	Becky	White	146	Berta	Glodowski	36
Joe	Bockhorst	431	Beth	Peterson	145	Mary	Turner	36
Tina	Samuels	429	Jill	Litzenberg	144	Andrew	Martinez	33
Stephen	Blanchard	427	Joseph	Kitzinger	135	Monica	Veitch	32
Steven	Turner	423	Raheel	Palla	131	Ross	Veitch	32
Richard	Temple	420	Mark	Sandler	118	Andy	Shor	30
Kevin	Matson	407	Gerry	Schmitz	116	Eric	McAttee	28
Eric	Bond	379	Linda	Reid	115	Dennis	Connors	27
JD	Rindahl	378	Nadya	Shalamova	115	Katie	Fisher	27
Jan Marie	Willman	376	Sam	Cichanowicz	113	Patricia	Frausto	27
Pat	Peterson	373	John	Cabaniss	110	Sharon	Roy	26
Nick	Meyer	369	Lorraine	Radtko	109	Sue	Volkman	26
Bob	Murray	364	Donna	Spars	108	John	Schwabe	24
Jeff	Borchardt	307	Rosemary	Bartkowiak	106	Robert	Polk	20
Kelly	Kuhs	306	Carol	Hegland	105	John	Haupt	19
David	Donahue	294	William	Dames	101	Matthew	Turner	16
Joyce	Stoner	284	Timothy	Wick	100	Mark	Zalewski	16
Becky	Burton	277	Deb	Schmidt	99			



Ride Safety

The following is from the National Safety Council



Wear a Helmet



Helmets appropriate for bicycling should be worn by everyone – adults and children – on every bike ride regardless of length of the ride. Make certain the helmet is certified by the Consumer Product Safety Commission.

Follow these guidelines from NHTSA to properly fit the helmet:

- Adjust sizing pads or fit ring until the helmet is snug
- Position the helmet level on your head, covering the forehead and not tipped backward or forward; this will be about one to two finger widths above the eyebrow
- Adjust the side straps so they form a “V” shape under and slightly in front of your ears
- Center the buckle on the chin strap under your chin
- Buckle and tighten the chin strap until it is snug; no more than one to two fingers should be able to fit between the chin and strap
- When fitted, the helmet should not rock more than 1 inch side to side or front to back on your head
- Watch Fitting a Bicycle Helmet

BIKE VOLUNTEER OPPORTUNITIES & EVENTS



DuTriRun - Race the Lake - 8/22/2021

DuTriRun is excited once again to organize Race the Lake. This event can be done as a race or a ride. It is 88 miles around Lake Winnebago starting in Fond du Lac, WI.

It is “different” from all other rides because it is a combination of a race for those who want to go fast, or a leisure ride around Lake Winnebago. You are timed but on the other hand there is no time limit to complete it, and there are 5 food stops and two bottle hand exchanges. We offer many awards for the overall and for the top three in each age group starting with 19 and under.

More info and registration can be found at www.dutrirun.com



Wheel & Sprocket Volunteer Opportunities:

September 25th – Fall Color Festival: <https://www.fallcolorfestival.org/index.html>

September 26th – Slow Roll: [Volunteer Signed up 2021. Slow Roll: Slow Roll Volunteers 2021 \(signupgenius.com\)](http://VolunteerSignedup2021.SlowRoll:SlowRollVolunteers2021(signupgenius.com))



Bike4Friendship

August 21, 2022 - August 22, 2022
Fox Point, WI

On August 21-22, join Team Friendship Wisconsin for a one-of-a-kind adventure this summer. Pedal for an amazing cause that empowers a dynamic community of love, support and belonging for children and individuals with special needs. Feel the excitement and thrill while riding alongside tens of fellow Team Friendship cyclists!

WHEN

August 21, 2022 - August 22, 2022 All Day

WHERE

The Friendship Circle
8649 N Port Washington Rd.
Fox Point, WI



<https://eagleriver.org/featured/septimber-ride/>

Event date: 9/11/2021 - \$60 per person

Registration includes the bike ride, wine and/or beer sampling, event long sleeve wick away shirt, and a brat picnic with all the fixings and door prizes.

- Entry fees are not refundable. This ride will take place rain or shine. All participants must be 21 years of age or older.
- Each rider will receive a commemorative SepTimber Ride long sleeve wick away shirt. We cannot guarantee shirt size if registered after August 1, 2021

The Board Members



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Newsletter

By Diane Yurasovich

Don't forget, all club members are welcomed **and encouraged** to submit articles of interest and pictures to the newsletter.

Newsletter@BayViewBikeClub.org



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Club Website



Thanks Dean for keeping our website updated!
www.BayViewBikeClub.org



Facebook

Check out our club Facebook page for up-to-date information and events.

Bike Fed Group Riding Information



Please see the link below for the Bike Fed's brochure on group riding safety. It is a great learning tool for new riders and a good refresher for seasoned riders. Let's be safe out there!

<http://wisconsinbikefed.org/wp-content/uploads/2013/05/2013-GROUPRIDINGREV.pdf>

A Word About Your Electronic Information

Your privacy is important to us. We don't share any of our membership information with anyone. We don't sell or forward your email address to any outside organizations. The BVBC board has decided not to make our member names, addresses or e-mails available electronically to members. We will continue to print a paper membership directory available in June. With very few exceptions, all of the e-mails you get from us will be directly related to club activities.

Please don't ask us to forward any e-mails to our membership. We don't do that. If you would like to share your experiences about a particular ride, feel free to do that in the newsletter. Many bicycle event organizers ask us to forward information about their ride to our members. In order to limit the number of e-mails you get from the club, we don't forward e-mails from outside organizations. We will publish information about rides, events etc if it is submitted to the newsletter.



Let's Be Safe Out There!