

PEDAL POWER!

Newsletter of the Bay View Bicycle Club (BVBC)

VOL. 20 NO. 5

www.bayviewbikeclub.org

May/2008

Celebrating Twenty Years of Fun!

Comments from the Prez

by Dan Krall

Comments from the way back of the pack.

Hi Everyone,

I am using this venue to thank Clare for her work filling in for me while I was not here. She did a great job taking care of the correspondence and other presidential duties. If you haven't already, please sign up to help out at the classic. There are many jobs available, and remember, many hands make light work. See you at the meetings, at the social events or on a ride. Ride Safe.

Dan

BVBC Board Members

President	Dan Krall 414-687-2757 getinolder@yahoo.com
Vice President	Clare Beachkofski 414-228-0929 clarebeach@yahoo.com
Secretary	Jeff Schmidt 414-761-3194 Bentguy61303@aol.com
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Membership	Debra Tuckwood

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Web Master	Ron Santoro 414-453-8636 bikerron@bayviewbikeclub.org
Nominating	Dick Knepper 414-744-5315 rknepper@aol.com
Nominating	Gil Krueger 262-797-8448 MRGGK@hotmail.com

BVBC Hotline

For up-to-the-minute information about rides, special events, and meetings, call the **BVBC Hotline: 414-299-0317**

Hotline Linda Roessl
Manager roessll@hotmail.com

CLASIC -CLASSIC - CLASSIC
JULY 12, 2008

LESS than 2 months until the Lake Country Classic, 2008. Registrations continue to come in from both on-line and the mail. Brochures have been distributed by our Promotions Committee to local bike shops. Wheel and Sprocket has agreed to sponsor our ride with donations and bike mechanics. This year's tee shirt logo has been designed by Nick Katzfey and looks great. There are lots of things that need to be done within the next six weeks. Volunteers are always needed and appreciated, so speak with any Board Member if you wish to help out.

Dan Gannon

Club Meetings

Club meetings are held at **7 P.M. on the third Monday** of each month (no meetings November, December, and January) at the Beulah Brinton Center, 2555 S. Bay St., Milwaukee (Bay View). Our meetings are open to the public and everyone is welcome!

May 2008 Meeting – Miller Lite Ride Marshals and Speaker Brent Emery

Join us on Monday, **May 19 at 7pm** at the **Beulah Brinton Center** (2555 S. Bay St., Milwaukee, WI (Bay View)) for an evening of back-to-back speakers.

Steve Halmo, Miller Lite Volunteer Coordinator, will explain the duties of ride marshals for the 2008 Miller Lite Ride for the Arts. **Members who signed up to be ride marshals should attend the May 19th meeting so they can pick up their t-shirts, information packets, and sign the release forms.**

Brent Emery, owner of Emery's Super Fitness Stores, is a world-class biker (winner of an Olympic Silver Medal in cycling) and a coach. An expert on the subject of biking, Brent will talk about nutrition, training, proper bicycle fit, and industry innovations. He's a dynamic speaker, and his presentation will be both informative and entertaining. Be sure to attend this meeting!

The meeting is free and open to the public. Bring a friend and mingle with BVBC members!

June 2008 Meeting – Yoga, Strength, and Stretching for Bikers

Our meeting on Monday, **June 16 at 7pm** at the **Beulah Brinton Center** (2555 S. Bay St., Milwaukee, WI (Bay View)) will feature Julie Amundson, who is a Physical Therapist, yoga instructor, and multi-sport athlete. She will demonstrate biking-specific yoga and strength and stretching exercises, and describe the benefits of adding them to your daily routine. You are welcome (and encouraged) to participate! Please wear flexible, stretchy clothes, comfortable shoes (or bare feet), and bring a towel or yoga mat. The techniques Julie shows us can prevent biking injuries and improve performance. This is a must-attend meeting! Come alone or bring a friend or potential member! Hope to see you there!

Newsletter Articles

Members are encouraged to submit articles for the newsletter. Copyrighted material must include the author's name and permission to reprint. Please submit articles in MS Word-formatted files.

The May social as follows:

Come join fellow friends and BVBC club members with a flair for Eastern cuisine for our May social.

For May:

Where:

Shahrazad
2847 N. Oakland Ave.
Milwaukee, WI 53211
(414) 964-5475

When:

Saturday, May 24, 2008
6:30 pm

RSVP Corrado Cirillo at ccirillo@wi.rr.com or (920) 449-5148. Deadline for RSVP is May 22, 2008.



bike wisconsin.com
Two Bicycles and a Map, or
Sign up online to win prizes!

2008 TOURS

GRABAAWR June 23-30
Great biking along the beautiful Wisconsin River

SAGBRAW July 29-August 3
Scenic back roads cycling for the whole family

BIKE NORTHWOODS July 7-14
Small and personal tour with plenty of smiles

LOIRE VALLEY July 16-28
Chateaux visits, Tour de France, French cuisine and Paris

New WISCONSIN WEEKENDER June 6-8
Learn. Ride. Repeat

Contact: info@bikewisconsin.com • 608.843.8412

Membership Report

by Debra

URGENT!! Memberships expired on March 31, 2008. Please renew as soon as possible. This will be your last newsletter unless we receive your renewal by the end of May 2008. Renew your membership so you're eligible for ride information, members' only events, the newsletter, awards at the annual banquet, discounts at local bike stores, and a listing in the club roster. Use the renewal form included with this newsletter or download it from www.bayviewbikeclub.org.

We currently have 87 members

Welcome to new and renewing members!!

New Members

Jim Malcolm
Crystal Hoecherl
Alan Burrill
Marti Donnan

Celebrate your birthday with fellow members by bringing **treats** to the monthly meeting!



May and June Birthdays

Name	Birth Date
David Katzfey	May 1
Dennis Euting	May 13
Kristin Hewitt	May 14
Pat Peterson	May 15

Name	Birth Date
Maribeth Mliner	May 20
Joan Benedict	May 23
Kelly Kuhs	May 24
Penney Haney	May 25
Kevin Barry	May 27
John Mallman	May 28
Bruce Fulton	May 29
Peggy Leonhardt	May 31
Name	Birth Date
Jerri Dawson	June 3
Edward Wills	June 3
Sandy Earle	June 5
Mary Delgado	June 6
Jeff Schmidt	June 6
Francesca Dawson	June 11
Barbara Nelson	June 15
Emily John	June 16
Gilbert Krueger	June 21
Peter Earle	June 22
Tom McElwee	June 22
David Johnson	June 25
Bob Bivens	June 27
Ellen Michalets	June 28
June Wiken	June 30

Ride Chair, Ride
Kent Kelly

Remember that our rides start at 9:00 am beginning in June.

I apologize for the rather incomplete rider point list this month. I simply haven't gotten out to collect the ride packets. I think the constraint is mostly behind me now so I plan to be at more starts (even if not riding) which means that next month's list should be more complete.

Repeating myself from last month but worthwhile at any time: On a ride, please

think of our new members or folks just trying out our Club. Consider "adopting" someone and staying with them for the ride. Don't need to do this on every ride. Just every now and again will help enhance our Club's reputation for friendliness.

Keep your chain oiled and your brakes clean. I'll see you on the road.

Contact me, Kent Kelly:

1. At our monthly meeting
2. By e-mail: knkelly@wi.rr.com (please include BVBC in the subject line)
3. By phone: 414.423.0236 (home - you can leave a message)
4. On a ride

Thanks, and remember, every ride is tentative until ridden; check our website; call our hotline.

May Rides Start at 10am - June Rides Start at 9 am

Saturday, May 24, 2008

Dousman Ride. Very scenic rural ride around Dousman area with some rolling hills. Ride Distance 20 or 37 miles. Starts at Bicycle Doctors parking lot. Take I-94 west to WI 67 (Oconomoc exit), south on WI 67 approximately 3.4 miles, right on Sunset/(WI 18) 1/2 mile, left on Main St. 1.2 miles to Bicycle Doctors parking lot on right side of street or Glacial Drumlin parking on left side of street. 30 minutes from Zoo.

Sunday, May 25, 2008

Charlies Memorial Ride. Scenic ride through Hales Corners, Muskego, Big Bend and Mukwonago. Long route has numerous hills. Passes near Charlies gravesite. Ride Distance 24 or 40 miles. Starts at Hales Corners Park. Take I-43/894 to Forest Home Ave., south west on Forest Home (WI 24) to Janesville Rd. (WI 24), west on

Janesville to 116th St. North on 116th St. Left on New Berlin Rd. to parking lot on left.

Monday, May 26, 2008

Java Jaunt. A little loop through Franklin for some java, a cuppa joe, you know. Ride Distance 16 miles. Starts at 5-Star Coffee located on Rawson Ave just east of 76th St on the north side of the road. Park way in back.

Saturday, May 31, 2008

Brown Deer to Cedarburg. Fairly easy ride, mostly rural areas through River Hill, Mequon and Cedarburg. Ride Distance 26 or 34 miles. Starts at Brown Deer Park. Take I-43 north to Good Hope Rd., west to Teutonia Ave., right on Teutonia (approximately 1/2 mile), right on Calumet. Cross RR tracks, turn left at stop sign. Park in lot on the right.

Sunday, June 01, 2008 (begin 9 am start time)

Grant Park. Easy ride through Oak Creek Pkwy, south to Caledonia and back. Ride Distance 13 or 28 miles. Ride starts at Grant Park Golf Course clubhouse. Take I-94 south, exit at College Ave. Go east on College Ave. to Lake Dr. Take Lake Dr. south to Hawthorne Ave., east on Hawthorne to clubhouse.

Sunday, June 01, 2008

Miller Lite Ride for the Arts. 50 and 75 mile routes. Annual fund raiser for the Arts. Sign-up with the BVBC to be a ride marshal. Ride Distance 5, 15 or 25 miles. Starts at the Center For Performing Arts in downtown Milwaukee. See brochure for details.

Saturday, June 07, 2008

Trek 100. Annual fund raiser (preregistration required). Ride Distance 25, 62 or 100 miles. Starts at WCTC in Pewaukee. Take I-94 west, right on WI 16. Exit at WCTC/Main St. Turn left across bridge, go straight in to WCTC parking lot. Approximate drive time: 15 minutes from Zoo. Register online @ www.maccfund.org (800) 248-TREK.

Saturday, June 07, 2008

Parkside. Easy ride through Kenosha County. Ride Distance 29 or 50 miles. Starts near Petrifying Springs Park in Kenosha. Take I-94 south, exit at County E (Kenosha), east on County E approximately 5 miles to Hwy 31, left on Hwy 31 for 0.3 miles, right on JR for 0.6 miles to parking lot on the left, just outside of Petrified Springs Park.

Saturday, June 07, 2008

Germantown Roll. New route! Ride north toward West Bend. Fewer hills than the old route. Ride Distance 24 or 40 miles. Starts at Haupt Strasse Park in Germantown. Take Hwy 45 north to Mequon Rd (167east). Go east to Western Ave. (stoplight, Medical Associates on corner). Left (north) on Western Ave. 1/2 miles to park 30 minutes from

Saturday, June 14, 2008

Lake Mills Triangle. Very scenic ride through Lake Mills, Cambridge and Jefferson. Ride Distance 31 or 46 miles. I-94 west (Exit 259 - Lake Mills), south on 89 approximately 2 miles, right into Glacial Drumlin trailhead Parking lot.

Sunday, June 15, 2008

South Shore to Gorney Park. Ride south to Gorney Park, then return. Ride Distance 24 or 38 miles. Starts at South Shore Park in Bay View. Take I-94 exit at Becher St. Go east on Becher to E. Bay St.. Veer right on E.Bay St., follow it around to Russell

Ave. Turn left on Russell to Superior. Turn right on Superior to Estes St. Turn on left on Estes and right on South Shore Dr. Consult a map for more details.

Saturday, June 21, 2008

Virmond Park. Easy ride along Lake Michigan to Port Washington and back. Ride Distance 30 miles. Starts at Virmond Park in Mequon. Take I-43 to Mequon Rd. East on Mequon Rd. to Lakeshore Dr. South approximately 3/4 mile to Virmond Park (on left). Approximate drive time: 25 minutes from Zoo.

Sunday, June 22, 2008

Oconomowoc-Eagle. Rural ride going south from Oconomowoc, through Dousman and Eagle. Longer route has some hilly areas. Ride Distance 25 or 42 miles. Starts at Roosevelt Park. Take I-94 west to WI 67. Take WI 67 (becomes Summit) for 2.5 miles. Turn right on Forest St. half-mile into park. Approximate drive time: 30 minutes from Zoo

Sunday, June 22, 2008

Riveredge River Valley Ride. Annual fund raiser (registration required). Ride Distance 16, 30 or 50 miles. Starts in Newburg, WI. See brochure for details or On Line registration @ www.riveredge.us (800)-287-8098.

Saturday, June 28, 2008

Toms Grant Park Picnic Ride. Easy ride through Oak Creek Pkwy, south to Caledonia and back. Club members only, bring a dish to pass, Ride Distance 13 or 28 miles. Call Tom @ (414) 764-0091 by the Friday before the ride to RSVP and to get directions.

Sunday, June 29, 2008

Menominee River Century. Annual fund raiser (registration required). Ride Distance 25, 50 or 75 miles. Starts in Marinette, WI. See brochure for details. www.mrcride.com (800)

Sunday, June 29, 2008

Chucks Breakfast Ride. Easy ride through River Hills and Mequon. Stop at Chucks for breakfast afterwards at 406 N. Main St. Ride Distance 34 miles. Starts at Village Park in Thiensville. Take I-43 north to Mequon Rd. West on Mequon Rd (approximately 3 miles). Right on N. Cedarburg Rd/Main St. (approximately 1/2 mile). Right on Green Bay approximately 1 block, right on Elm to Village Park.

Rider Point Totals

1-Oct-2007 through 9-May-2008
(missing seven rides)

Roessl, Linda	362
Hepp, Bill	291
Schmidt, Jeff	287
Peterson, Beth	285
Beachkofski, Clare	243
Wojtal, Norm	224
Santoro, Ron	200
Peterson, Pat	185
Soriano, Joseph	169
Tuckwood, Debra	167
Wojtal, Prati	162
Craig, Michael	146
Krall, Dan	135
Lucas, Mary	120
Labinski, Dennis	116
Sericati, Tom	107
John, Emily	99
Demian, Milad	98
Polk, Bob	96
Noll, Elaine	94
Noll, Mike	94
Gresl, Lois	86
Meilicke, Dennis	85
Tumey, Carol	85
LaFave, John	76
Safranski, Joe	71
Poznanski, John	70
Orosa, Jojo	64

Krueger, Gil	63
Kuhs, Kelly	55
Krueger, Nancy	53
Karr, Nancy	50
Pier, Barb	50
Gannon, Sandra	42
Hoecherl, Crystal	35
Gannon, Dan	32
Grendysa, Betty	31
Mamayek, Jimmy	31
Pretzel, Walt	31
Earle, Sandy	30
Gibbs, Tamara	30
Hickman, Tina	30
Kautzer, Jason	30
Kautzer, Michael	30
Knepper, Dick	30
Kopenski, Corey	30
Moch, Kim	30
Simonson, Tom	25
Fischer, Harry	22
Lueck, Mike	22
Michalets, Ellen	22
Remlinger, George	22
Kelly, Kent	21
Kaniecki, Dale	20

GO BY BIKE



We know club members love to ride their bikes for fun and fitness. But how many of us use our bikes for transportation? 40% of car trips are under 2 miles, a distance easily covered by bike. Whether it's for the health of our body, our community or the environment, cycling is a great way to get around. Make a commitment to make at least one commute, errand or short trip a week by bike.

WHEELANDSPROCKET.COM

GO
BY
BIKE



Wheel & Sprocket

**Bay View Bicycle Club
Membership Application**

NAME (print): _____ **Birthday** (year not necessary): _____

NAME (print): _____ **Birthday** (year not necessary): _____

Other Family Members (under age 18) _____ **Birthday(s)** _____

ADDRESS: _____

CITY _____ **STATE** _____ **ZIP** _____ - _____

TELEPHONE: () _____ - _____ ☐ Check box if you **DO NOT** want to be listed in the club roster

E-mail Address: _____ **Newsletter:** ☐ E-mail me the newsletter ☐ Mail me the newsletter

☐ New Member ☐ Renewal

Annual Dues (April 1 - March 31): ☐ Individual (\$25.00) ☐ Household (\$40.00)

New Member Dues collected after October 1 will start immediately and also be credited towards the next year.

How did you hear of the Bay View Bicycle Club?

☐ Club brochure ☐ Internet ☐ Member ☐ Booth at W&S Bike Expo ☐ Other _____

Volunteer Opportunities: I am interested in the following: ☐ Ride Leader ☐ Meetings ☐ Picnics ☐ Membership

☐ Newsletter ☐ Advertising ☐ Classic ☐ Serve on Board ☐ Other _____

Make checks payable to and mail to: Bay View Bicycle Club, Inc.
P.O. Box 070455
Milwaukee, WI 53207

For additional membership information:
Phone (414) 259-0387
E-mail membership-info@bayviewbikeclub.org

**LEAGUE OF AMERICAN WHEELMEN d/b/a LEAGUE OF AMERICAN BICYCLISTS ("LAB") RELEASE AND WAIVER OF LIABILITY,
ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")**

IN CONSIDERATION of being permitted to participate in any way in Bay View Bicycle Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the LAB, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

PARTICIPANT'S SIGNATURE (only if age 18 or over): _____ **I HAVE READ THIS RELEASE** _____ **Date:** _____

SPOUSE'S SIGNATURE (if family membership): _____ **I HAVE READ THIS RELEASE** _____ **Date:** _____

And I, the minor's parent and/or legal guardian, understand the nature of bicycling activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasee's from all liability, claims, demands, losses, or damages on the minors account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost any may incur as the result of any such claim.

PRINTED NAME OF PARENT/GUARDIAN: _____

PARENT/GUARDIAN SIGNATURE: _____ **I HAVE READ THIS RELEASE** _____ **Date:** _____
(if participant is under age 18)

For Membership Chair Use: _____ paid _____ card _____ entered

1/22/08



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