

# PEDAL POWER!

Newsletter of the Bay View Bicycle Club (BVBC)

VOL. 19 NO. 6

[www.bayviewbikeclub.org](http://www.bayviewbikeclub.org)

June/July 2007

## Celebrating Nineteen Years of Fun!

### Countdown to the 2007 BVBC Lake Country Classic!

*Saturday July 7, 2007, St. Paul's School, Oconomowoc, Wisconsin*

The BVBC Lake Country Classic is less than a month away! Here's an update on how you can help.

**Volunteer to be a Sentry** – Sentries provide the valuable service of keeping Classic riders on route by pointing them in the right direction. Plus, you get to enjoy the great outdoors in the process! Only a few spots left! To volunteer, contact Dan Krall soon at [getinolder@yahoo.com](mailto:getinolder@yahoo.com).

**Mark the Classic Routes** – On Saturday, June 30, we'll meet for breakfast, split up into teams, and then head out with cans of spray paint and templates to mark the Classic routes. Contact Dan Krall at [getinolder@yahoo.com](mailto:getinolder@yahoo.com) to volunteer for this colorful activity.

**Bake Some Goodies** – Homemade treats are a tradition that the Classic riders really enjoy! We're asking each BVBC member to donate baked goodies for the Classic rest stops. Sign up at the June monthly meeting to bring treats. On Thursday, July 5, 2007, drop off your baked goods in disposable aluminum foil pans with lids at Barb Pier's home (2525 N. 86th St in Wauwatosa, located 2 blocks north of North Ave). **FYI:** If you absolutely cannot drop off the baked goods on Thursday, July 5, call or email us (414-475-1488 or [nkarr@sbcglobal.net](mailto:nkarr@sbcglobal.net) or [bikenut07@sbcglobal.net](mailto:bikenut07@sbcglobal.net)) and we'll arrange a place to meet and get the (baked) goods. If baking is not your thing, consider donating some dough (\$money\$) to the BVBC for bagels, bread, etc.

**Extend a Classic Invitation** – Invite your friends, co-workers, neighbors, and relatives to ride in the **BVBC Lake Country Classic on Saturday, July 7, 2007**. It's a fun and scenic ride that's suitable for bikers of all levels. Riders can choose from distances of 15, 25, 45, 65, or 100 miles. Rest stops along the way are stocked with free snacks, beverages, and water. After the ride, bikers are served a delicious spaghetti lunch. What a great way to spend a summer day! Sign up for the BVBC Lake County Classic! For more information and to register, go to [www.bayviewbikeclub.org/classic.htm](http://www.bayviewbikeclub.org/classic.htm).

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### June 18<sup>th</sup> Monthly Meeting at Crank Daddy's Bicycle Works

The meeting on June 18 at 7 P.M. will be a special Club Night Out for members only at **Crank Daddy's Bicycle Works, 2108 N. Farwell Ave., Milwaukee**. The proprietors of Crank Daddy's, Eric and Ken, have cordially offered their store for our meeting that evening, and will give club members a 10% discount on all non-sale merchandise (excluding bicycles). **Be sure to bring your BVBC membership card!** In addition to the discount, Crank Daddy's will also provide refreshments and a demonstration of the training sessions they offer at their store.

Crank Daddy's is a unique and interesting bicycle store and also a **new BVBC sponsor!** Thank them for their support of BVBC by attending the June 18<sup>th</sup> meeting at Crank Daddy's, and patronize their business that evening and in the future by purchasing some biking equipment! Check out their ad in this issue of the BVBC Pedal Power newsletter. **Thank you, Crank Daddy's!**

## BVBC Board Members

President	Dan Krall 414-687-2757 <a href="mailto:getinolder@yahoo.com">getinolder@yahoo.com</a>
Vice President	Jimmy Mamayek 414-764-3676 <a href="mailto:snottyboop@peoplepc.com">snottyboop@peoplepc.com</a>
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Newsletter Editor	Clare Beachkofski 414-228-0929 <a href="mailto:clarebeach@yahoo.com">clarebeach@yahoo.com</a>

## Standing Committees

Web Master	Ron Santoro 414-453-8636 <a href="mailto:bikerron@bayviewbikeclub.org">bikerron@bayviewbikeclub.org</a>
Nominating	Dick Knepper 414-744-5315 <a href="mailto:rknepper@aol.com">rknepper@aol.com</a>
Nominating	Gil Krueger 262-797-8448 <a href="mailto:MRGGK@hotmail.com">MRGGK@hotmail.com</a>

## BVBC Hotline

For up-to-the-minute information about rides, special events, and meetings, call the **BVBC Hotline: 414-299-0317**

Hotline Manager Linda Roessl  
[roessl@hotmail.com](mailto:roessl@hotmail.com)

**Bay View Bicycle Club © 2007**

## Club Meetings

Club meetings are held at **7 P.M. on the third Monday** of each month (no meetings November, December, and January) at the Beulah Brinton Center, 2555 S. Bay St., Milwaukee (Bay View). Our meetings are open to the public and everyone is welcome!

**June meeting:** Monday, June 18, 2007 at 7 P.M. at **Crank Daddy's Bicycle Works**, 2108 N. Farwell Ave., Milwaukee.

**July meeting:** Monday, July 16, 2007 at 7 P.M.

## Newsletter Articles

The deadline for the next newsletter is **midnight on June 26, 2007**. Copyrighted material must include the author's name and permission to reprint. Please email the articles in MS Word-formatted files to [clarebeach@yahoo.com](mailto:clarebeach@yahoo.com). All members are encouraged to submit articles.

## Membership Report

*By Pauline Ellington*

We currently have **104 members**. Please welcome our newest members: Francesca, Tiffany, and Jerri Dawson; and Patricia Pomahac.

## Let's All Scream for Ice Cream!!!!

*by Jimmy Mamayek*

What better time to celebrate camaraderie than at the annual Club **Ice Cream Social** on **Monday, July 16** starting at **7 P.M.** at the Beulah Brinton Community Center in Milwaukee (Bay View). Special guests will be Tony Zielinski, City of Milwaukee 14<sup>th</sup> District Alderman; Marina Dimitrijevic, 4<sup>th</sup> district County Supervisor; and Senior racing champion Rodger Nelson and his wife Barbara, winner of the 1951 USA National silver medal for cycling. Save your appetites for some devilish treats!

## ON DECK AT WHEEL & SPROCKET...

### The Madone - A Historic Bike

Mr. Armstrong helped test and fine-tune the Madone on his way to seven epic Tour de France victories. The 2007 Madone represents the epitome of road bike design during the Lance era. Now is probably the last chance to ride away on this piece of history. The 5.0 and 5.2 Madones are \$1999.99 for the rest of the summer while quantities last.



### Bikes for Africa Bike Donation

The program is grateful for any bike donation (any size), but bikes in good mechanical condition are preferred because they save time in getting the bikes to Sierra Leone quickly.

Bring in your donation bike to any Milwaukee-area Wheel & Sprocket location to participate in the program.



more details at [wheelandsprocket.com](http://wheelandsprocket.com)



Celebrate your birthday with fellow members by bringing **treats** to the monthly meeting!

### June Birthdays

Name	Birthday
Jerri Dawson	June 6
Edward Wills	June 6
Jeff Schmidt	June 6
Francesca Dawson	June 11
Diane Nowak	June 18
Gilbert Krueger	June 21
Tom McElwee	June 22
David Johnson	June 25
Bob Bivens	June 27
Ellen Michalets	June 28
June Wiken	June 30

### July Birthdays

Name	Birthday
Gary Butters	July 1
Keith Stachowiak	July 4
Daniel Gannon	July 5
John LaFave	July 13
Lois Gresl	July 14
Dan Krall	July 15
Michael Dix	July 18
Richard Knepper	July 18
JoAnne Brandes	July 21
Michael Noll	July 29



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## Accessories that Enhance Biking

*by Jimmy Mamayek*

Through the years, I compiled a list of basic bicycling necessities prior to going out on my bicycling pleasure. Perhaps, you have done the same. I simply tape mine to an appropriate place like the refrigerator, a table near the door, or somewhere in my car. A 'reminder' list has always prepped me for that wonderful journey!

My bicycling necessities are listed below. You can adapt this to your needs by adding or deleting items accordingly.

- \* Helmet
- \* Head sweat band/skull cap
- \* Identification and money
- \* Wristwatch
- \* Odometer
- \* Medication (RX bracelet), aspirin, etc.
- \* Heart rate monitor
- \* Water bottle(s) (with water or sports drink)
- \* Air pump
- \* Tool bag containing:
  - Tire levers
  - Hex wrenches
  - Band-aids/small first aid kit
  - Chain lube
  - Spoke wrench
  - Chain tool
  - Extra tube or patch kit
  - Dog spray or whistle
  - Cell phone
  - Pen and paper
  - Energy bar(s)
- \* Biking gloves
- \* Biking jersey (with rear pockets)
- \* Biking shorts (with padding)
- \* Biking shoes
- \* Wind jacket
- \* Rain gear
- \* Compass
- \* Map holder/maps
- \* Suntan lotion
- \* Bug spray/wipes
- \* Sunglasses
- \* Camera
- \* Rear view mirror
- \* Reflector(s)
- \* Headlight
- \* Moisture wipes
- \* Chamois cream

Hope you enjoy your ride on the open road as much as I do!

## Ride Chair, Ride

by Kent Kelly

Our July fundraiser, the **Lake Country Classic**, is fast upon us, so I'll throw in a pitch for volunteering. Much still needs to be done between now and then. You can help in advance or on July 7th. Just contact Dan Krall [getinolder@yahoo.com](mailto:getinolder@yahoo.com) or a Club officer.

The July **Get in Gear (GIG)** is **Sunday, July 22** for the Greenfield SW ride. Join the GIG riders if you like an easy pace, are new to biking, or prefer a more laid back ride. We've heard lots of positive comments from the GIG riders!

Here is early information on the **Coalition Picnic**, which is on **Sunday, July 29<sup>th</sup>** at **Area 3A** in **Greenfield Park**. Cream City Cycle, this year's host, will provide dinnerware, grilled meats, and beverages. Bring a dish to pass (coolers available to store food during the ride) or donate \$5. There will be three routes: 65 miles (starting at 7:30am); 42 miles (starting at 9am); and 24 miles (starting at 10:30am). This is an opportunity to socialize with BVBC members, meet members of other local bike clubs, and enjoy some delicious food! Let's have a strong showing of BVBC members!

**Remember:** Our rides need ride leaders, so **please sign up**. I'll have the sheets with me at the membership meetings. FYI...The \$1 guest ride fee has been waived this season.

If you have any questions, suggestions, comments, or just want to talk, contact me, Kent Kelly:

- At our monthly meeting
- By e-mail: [knkelly@wi.rr.com](mailto:knkelly@wi.rr.com) (please include BVBC in the subject line)
- By phone: 414-423-0236 (leave message)
- On a ride

Thanks, and remember, every ride is tentative until ridden, so check our website and call our hotline (414-299-0317).

## Get in Gear (G.I.G.) this Summer!

by Nancy Karr and Barb Pier

G.I.G. rides (Get in Gear) rides will be offered each month. If you enjoy the camaraderie of riding with a group and want to cycle at a little slower pace, you might want to try it out. It's a great way for new riders to develop cycling skills or for experienced riders to get back into the sport. And some of us just think it's lots of fun.

We follow a standard BVBC route but usually choose a route between 20 and 30 miles. We also select routes that are fairly easy so riders at any skill level will enjoy the ride. We start as a group and stick together. We'll wait for slower riders to catch up to the larger group and stop along the way to catch our breath. The pace makes it possible to carry on a conversation and get to know fellow bikers.

Here are the dates and routes of the upcoming G.I.G. rides:

<b>July 22</b>	<b>Greenfield SW</b>	<b>24 miles</b>
<b>August 5</b>	<b>Rivers Hills Roll</b>	<b>26 miles</b>
<b>September 2</b>	<b>Harrington Beach</b>	<b>24 miles</b>
<b>October 20</b>	<b>Wind Lake</b>	<b>21 miles</b>

What are the benefits of a G.I.G. ride?

- \* Enjoy the camaraderie of riding with a group.
- \* Cycle at a slower pace.
- \* Improve your cycling skills or get back into cycling.
- \* Introduce children to cycling.
- \* Have fun on your bike!



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## Consider Being a SuperWeek Host

by Chuck Paul

Our family has hosted cyclists racing in the July [International Cycling Classic](#) race series for the last 6 years or so. If you can appreciate the needs of athletes working out their dreams on a thin budget, then you can understand why the race event thrives on the support of host families who provide a place for cycling guests to stay during all or part of the race series.

### ***What is the International Cycling (aka, "Superweek") event?***

SuperWeek is the common name for the 17-day (stage) race series that is the world's largest multi-category race series, the most consecutive racing days in North America. This is the 38th year. The race is organized by US Bicycling Hall of Fame member Otto Wenz, Jr.

### ***Why bother with hosting?***

If not for hosts offering housing, the costs would be too expensive for most amateur and many pro cyclists. For us, meeting and encouraging amateur and professional cycling athletes is a great way to get involved in making this special event a success. I experienced "host housing" as a guest when I raced small sailboats several years ago. I enjoy passing on the kind of hospitality to others that I received when sailing at locations away from home.

### ***What is provided by the host?***

The cyclists need to sleep, shower, and safely store their bike and equipment. Anything more you provide is gravy. Many cyclists expect only a place to roll out a sleeping bag and air mattress. If you provide a bed, bedding or air mattress, that's all great. Arrangements will be discussed with the host housing coordinator. Some of the cyclists are just scraping by, so any hospitality is welcome. Mostly, they need good rest and shower access. In our home, the modestly finished basement rec room is fine: one bed, one cot and modern air mattress or two. The shower is on the main floor.

### ***What about food, cooking, and laundry?***

The cyclists do care a lot about what they eat, but they're expected to fend for themselves. We make our kitchen available, but that's not required. The guest/host guidelines provided by the race event make it clear that the athletes are on their own for all food arrangements. Hosting does not include serving meals. Guests receive strict instructions not to beg for more hospitality than is offered. If you want to be more generous, that's up to you, but it's

not expected. We make our laundry machines available to our guest, as do most hosts, but that's not required either.

### ***Will I have compatible guests?***

The host housing coordinators respect preferences of the hosts. We had very young children the first year we offered host housing. "*Can we get some of the more senior cyclists, or at least cyclists that will be mature enough to understand that little kids need naptime?*" Appropriate pairing was arranged to our situation. The same goes for requesting male cyclists or female cyclists—just make it clear what is welcome or not welcome in your home.

### ***How much room do they need for bike equipment?***

The cyclists will typically have some spare parts—wheels, especially. The cyclists generally prefer not to have equipment stored in their cars, especially if the location is a target for theft or vandalism. Cyclists that fly into town often have large cases or boxes for shipping. A place to store those items might be necessary. Younger cyclists sometimes travel very light. It just depends on the rider.

### ***Will the host be expected to provide a key to the guests? Can they be trusted?***

A strict code of conduct is provided to the cyclists that apply for housing. Guests are asked to respect the schedule of the host. You should not offer a key if you prefer to be available to open your home. Discuss this with the host housing coordinator. In general, the cyclists know their ability to live in harmony with the community of racers requires good behavior. And if they don't behave, the housing coordinators kick them out of the program, immediately.

### ***Will they need transportation help?***

The athletes are expected to handle their own transportation. They may let you know they will be returning late or leaving early in the morning, but they are given strict orders by the host housing coordinators not to expect shuttle service from their hosts.

### ***How many days of stay should be expected?***

Some cyclists only stay in town for a few of the races, but many stay for the whole series. Plans sometimes change due to injury, or other difficulties. If you have ability to host only certain days of the series, the host housing coordinators will make use of your availability—especially during the last week of the series.

Please contact Chuck and Kristin Paul, host housing coordinators at [housing@internationalcycling.com](mailto:housing@internationalcycling.com) (262) 377-7703 for further details if interested.

**BVBC Rider Point Totals**  
**1-Oct-2006 through 31-May-2007**  
(Some late May rides are not included.)

Roessl, Linda	849
Schmidt, Jeff	674
Hepp, Bill	575
Santoro, Ron	480
Mamayek, Jimmy	409
Grendysa, Betty	374
Beachkofski, Clare	373
Peterson, Beth	365
Wojtal, Norm	339
Peterson, Pat	331
Meilicke, Dennis	279
Tumey, Carol	279
Demian, Milad	275
Wojtal, Prati	273
Labinski, Dennis	257
Orosa, Jojo	249
Fulton, Bruce	248
Krall, Dan	238
Poznanski, John	235
Tuckwood, Debra	221
Mallman, John	214
Kuhs, Kelly	185
Verheyen, Byron	182
Safranski, Joe	173
Krueger, Nancy	172
Stachowiak, Keith	172
Butters, Gary	171
Johnson, David	160
Krueger, Gil	147
Pendland, Bruce	147
Karr, Nancy	143
Pier, Barb	143
Gibbs, Tamara	128
Fishman, Steve	120
Lucas, Mary	116
Katzfey, David	112
Barry, Kevin	98
Katzfey, Delvina	98
Cirillo, Corrado	97
Michalets, Ellen	97
Nelson, Tom	89
Gannon, Sandra	87
Thaler, Susan	81
Gresl, Lois	80
Jackson, Will	78
Knepper, Dick	76
Cordero, Janice	75
Sericati, Tom	69

Gannon, Dan	66
Baerwald, Cathy	54
Ellington, Pauline	49
Kisley, Francis	48
Dix, Michael	46
Doering, Stephanie	46
Simonson, Tom	45
Brandes, JoAnne	44
Wiken, Dan	42
Margraf, Arlene	37
Polk, Bob	37
Friske, Tim	35
Schmidt, Sabrina	35
Hamill, Barb	34
Scudder, John	34
Kelly, Kent	32
Jaeckel, Randy	29
Thompson, Kristina	26
Bivens, Bob	25
Bivens, Katie	25
Klimetz, Adrian	25
Brotz, Chris	23
McKnight, Janie	23
Hein, Kathy	20
Peterson, Jenny	20
Remlinger, George	20

## Rides in June and July

\*\*\* Rides leave at 9am in June and July\*\*\*  
*(Arrive early so you're ready at the start time)*

### **Saturday, June 16, 2007**

**Big Cedar Lake.** Rural ride going north through Holy Hill, Hartford and Slinger, long route circle Big Cedar Lake. Ride Distance 27 or 42 miles. Start at Holy Hill. Take I-94 west to US 45 north. US 45 to WI 167 (Holy Hill Rd). West on 167 to Holy Hill. Park in large lower gravel lot.

### **Sunday, June 17, 2007**

**Virmond Park.** Easy ride along Lake Michigan to Port Washington and back. Ride Distance 30 miles. Starts at Virmond Park in Mequon. Take I-43 to Mequon Rd. East on Mequon Rd. to Lakeshore Dr. South approximately 3/4 mile to Virmond Park (on left). Approximate drive time: 25 minutes from Zoo.



***Saturday, June 23, 2007***

**Lake Country Ride.** Scenic ride through Pewaukee and Oconomowoc area. Ride Distance 33 or 60 miles. Starts at Wagner Park in the City of Pewaukee. Take I-94 west, exit County J. Turn right(north) on J go 1.8 miles to Green Rd(at the top of the hill). Rt on Green Rd. for 0.7 mile to Wagner Park. Park in SE corner of lot. Approximate drive time: 20 minutes from Zoo.

***Sunday, June 24, 2007***

**Chucks Breakfast Ride.** Easy ride through River Hills and Mequon. Stop at Chucks for breakfast afterwards at 406 N. Main St. Ride Distance 34 miles. Starts at Village Park in Thiensville. Take I-43 north to Mequon Rd. West on Mequon Rd (approximately 3 miles). Right on N. Cedarburg Rd/Main St. (approximately 1/2 mile). Right on Green Bay approximately 1 block, right on Elm to Village Park.

***Sunday, June 24, 2007***

**Menominee River Century.** Annual fund raiser (registration required). Ride Distance 25, 50 or 75 miles. Starts in Marinette, WI. See brochure for details. [www.mrcride.com](http://www.mrcride.com) (800) 447-5673.

***Sunday, June 24, 2007***

**Riveredge River Valley Ride.** Annual fund raiser (registration required). Ride Distance 16, 30 or 50 miles. Starts in Newburg, WI. See brochure for details or On Line registration @ [www.riveredge.us](http://www.riveredge.us) (800)-287-8098.

***Saturday, June 30, 2007***

**Toms Grant Park Picnic Ride.** Easy ride through Oak Creek Pkwy, south to Caledonia and back. Club members only, bring a dish to pass, Ride Distance 13 or 28 miles. RSVP to Tom @ (414) 764-0091 by Friday, June 29 and get directions.

***Sunday, July 01, 2007***

**BVBC Classic Preview.** BVBC Classic previewed for **MEMBERS ONLY!!!!** Century and 65 mile starts at 7:00 am; all others at 9:00 am Ride Distance 25, 45, 65, or 100 miles. Starts at St. Pauls School in Oconomowoc. Take I-94 west to WI 67 (Oconomowoc exit). Turn right on 67, go north approximately 2 miles, name changes to Summit. Continue straight 1.5 miles, turn right on St. Paul to school.

***Saturday, July 07, 2007***

**BVBC Lake Country Classic.** Bay View Bicycle Club fund raiser ride through Lake Country Waukesha & Jefferson Counties. Ride Distance 25, 45, 65 or 100 miles. Starts from St.Pauls School in Oconomowoc. See brochure for registration, starting times and directions.

***Sunday, July 08, 2007***

**River Hills/Grafton.** Ride north through River Hills, Mequon, Thiensville and Grafton. Return along Lake Michigan. Ride Distance 31 or 48 miles. Starts at Kletzsch Park. Take I-43 north to Good Hope Rd. Go west one mile to Milwaukee River Pkwy. South on Pkwy approximately one mile to parking lot on west side.

***Saturday, July 14, 2007***

**Germantown Roll.** Ride through Germantown, Hubertus and Richfield, some hills. Ride Distance 29 or 42 miles. Starts at Haupt Strasse Park in Germantown. Take Hwy 45 north to Mequon Rd (167east). Go east to Western Ave. (stoplight, Medical Associates on corner). Left (north) on Western Ave. 1/2 miles to park 30 minutes from zoo.

***Sunday, July 15, 2007***

**South Shore to Gorney Park.** Ride south to Gorney Park, then return. Ride Distance 24 or 38 miles. Starts at South Shore Park in Bay View. Take I-94 exit at Becher St. Go east on Becher to E. Bay St.. Veer right on E.Bay St., follow it around to Russell Ave. Turn left on Russell to Superior. Turn right on Superior to Estes St. Turn on left on Estes and right on South Shore Dr. Consult a map for more details.

***Saturday, July 21, 2007***

**Tierney's Picnic Ride.** Scenic ride through farm country from Watertown northerly to Hustisford and around Sinissippi Lake. Rolling terrain with more than a few hills. Some long, gradual hills, and a few steep, short hills. One water/restroom stop at 15 miles at park along the Rock River. Ride Distance 32 or 50 miles. **Members only** (BVBC and Nordic Ski Club). Bring a dish to pass and a lawn chair. Soda and water provided. RSVP by Thursday, July 19 to Tierney at 920 261-6608 or [tlalor1425@charter.net](mailto:tlalor1425@charter.net).  
**Directions:** Starts at Lalor house, 1425 Country Club Lane, Watertown. Take I94 west, exit STH 26 at Johnson Creek. Go right (north) on STH 26 for about 11 miles through Watertown (past the STH 16 east ramp). Turn right (east) on Silver Creek Rd and drive 0.8 mile to Country Club Lane. Turn left (north) on Country Club Lane. House is tan ranch on east side of street. Approx drive time: 55 minutes from Zoo.

### **Sunday, July 22, 2007**

**Greenfield SW.** A G.I.G. (Get In Gear) ride. Rural ride going through Muskego, New Berlin and Windlake Ride Distance 24 or 44 miles. Starts at Greenfield Park. Take I-894, exit at Greenfield Ave. Go west to 124th St. Turn Left on 124th and left into park at the Cool Waters Sign. Park in the north lot across from the Cool Waters Pool.

### **Sunday, July 22, 2007**

**Scenic Shore 150.** Annual fund raiser for Luekemia-Lymphoma research (preregistration and pledges required). Ride Distance 75 miles. Starts at MATC in Mequon, goes to Door County. See brochure for details.

### **Saturday, July 28, 2007**

**Holland Festival.** Ride along Lake Michigan to Cedar Grove and back. Ride Distance 30 or 60 miles. Longer routes start at Virmond Park in Mequon. Take I-43 to Mequon Rd. East on Mequon Rd. to Lakeshore Dr. South approximately 3/4 mile to Virmond Park (on left). Short route starts ONE HOUR after long route from the Marina in Port Washington. Take I-43 north to WI 32, 32 northeast into Port Washington, right on Washington St to marina. Approximate drive time: 40 minutes from Zoo.

### **Sunday, July 29, 2007**

**Coalition Picnic. Members only** of BVBC, Cream City and Spring City clubs. Bring a dish to pass or \$5. Cream City hosting at Greenfield Park, Area 3A. Ride Distance 24, 42, or 65 miles. The 65 mile starts at 7:30 a.m.; 42 mile starts at 9:00 a.m.; 24 mile starts at 10:30 a.m.

## **How to Deal with Bad Dogs**

*Fred Matheny and Ed Pavelka (RoadBikeRider.com)*

Dog attacks are high on the list of cycling fears. Maybe you can't stop Fang from giving chase, but you can outsmart him if you know how dogs think — assuming that stinkin' mutt even has a brain!

**Know dog psychology.** The majority of dogs who chase cyclists are merely defending their territory. When you pedal off the section of road that they consider their turf, you no longer pose a threat to their ancestral instincts and they lose interest. Incidentally, this is why you'll rarely be chased by a dog you encounter way out in the boonies. He's not on his turf so he couldn't care less about you.

**Know dog tactics.** Dogs want to attack from the rear, coming up from the hindquarter. Even one who sits up in his yard ahead of you may wait till you pass before giving chase. You can use this to your advantage in the next tip because it gives you a head start.

**Sprint!** You often can outsprint Fido when he's more interested in fooling around than in actually attacking. You can tell his intent by how hard he's running and his expression. An easy gait with

woofing and ears and tail up, no problem. A full-out sprint with ears back, tail down and teeth out, problem. Still, the territorial gene can save you. If the road is flat or downhill, stand up and sprint to get past the dog's invisible boundary.

**Guard your front wheel.** When a dog sees you coming, he might make a beeline for your bike, then attempt to turn up beside you. The danger here is that his poor little paws will skid on the pavement and he'll plow into your wheels. If he hits the front one, you'll crash. Sprint so that you move forward faster than he expects, and give him a margin for error by steering farther into the road — if traffic permits!

**SCREAM!** Most dogs know what happens when a human is angry with them. A sudden shout of "No!" or "Git!" or "Stay!" will surprise Fluffy and probably make him hesitate for just the second you need to take the advantage. If he's hard of hearing, raise your hand threateningly as if it contains a rock. Outlaw mutts usually have had experience with bad things flying at them when a human makes a throwing gesture.

**Play douse the Doberman.** If you see big, fast Prince up ahead and know that he sees you, sprinting might not work. Especially if the road is tilting up. Take out your water bottle. Just having it in your hand may make him stay away. If he does come near you, give him a faceful and a loud yell. This distraction will slow him down, though he may come back for more. Just don't distract yourself and ride off the road.

Some riders swear by Halt pepper spray that they clip to their handlebar. This stuff works great — if you hit your target. That's a big if when you and Spot are going different speeds, the air is moving, and you're trying to stay on the road. Pepper spray stings a dog's eyes, nose and mouth, but it doesn't cause lasting damage. It also works on human attackers, but that's a different story.

**Give up and get off.** If nothing works and Toodles has the upper hand, dismount quickly and hold your bike between you and those sharp teeth. Swing it like a weapon if necessary, and start calling for help. Someone may eventually come out of a house and yell, "Oh, he won't hurt you!"

**Call the cops.** If you are attacked and bitten, report it to the county sheriff or other authority immediately. Include the location, a description of the dog and the owner's name and address if you know them. Get medical attention without delay. If the dog was rabid, you are at risk of serious illness or even death. Demand proof of rabies vaccination or insist to authorities that the dog be quarantined.

If the same dog accosts you every time you ride the road, report this to the authorities, too. You have a right to life, liberty, pursuit of cycling happiness and public roadway access free from fear of fanged attack. Keep following up with calls to make sure steps are taken to put PupPup on a rope.

*Receive a FREE copy of the eBook "29 Pro Cycling Secrets for Roadies" by subscribing to the RoadBikeRider Newsletter at [www.RoadBikeRider.com](http://www.RoadBikeRider.com). No cost or obligation!*



**Bay View Bicycle Club**  
**Membership Application**

**NAME** (print): \_\_\_\_\_ Birthday (year not necessary): \_\_\_\_\_

**NAME** (print): \_\_\_\_\_ Birthday (year not necessary): \_\_\_\_\_

Other Family Members (under age 18) \_\_\_\_\_ Birthday(s) \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_ - \_\_\_\_\_

**TELEPHONE:** (     ) \_\_\_\_\_ - \_\_\_\_\_ ☐ Check box if you **DO NOT** want to be listed in the club roster

**E-mail Address:** \_\_\_\_\_ **Newsletter:** ☐ E-mail me the newsletter ☐ Mail me the newsletter

☐ New Member ☐ Renewal

**Annual Dues (April 1 - March 31):** ☐ Individual (\$25.00) ☐ Household (\$40.00)

New Member Dues collected after October 1 will start immediately and also be credited towards the next year.

How did you hear of the Bay View Bicycle Club?

☐ Club brochure ☐ Internet ☐ Member ☐ Booth at W&S Bike Expo ☐ Other \_\_\_\_\_

**Volunteer Opportunities:** I am interested in the following: ☐ Ride Leader ☐ Meetings ☐ Picnics ☐ Membership

☐ Newsletter ☐ Advertising ☐ Classic ☐ Serve on Board ☐ Other \_\_\_\_\_

Make checks payable to and mail to: Bay View Bicycle Club, Inc.  
P.O. Box 070455  
Milwaukee, WI 53207

For additional membership information:  
Phone (920) 387-4812  
E-mail membership@bayviewbikeclub.org

**LEAGUE OF AMERICAN WHEELMEN d/b/a LEAGUE OF AMERICAN BICYCLISTS ("LAB") RELEASE AND WAIVER OF LIABILITY,  
ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")**

IN CONSIDERATION of being permitted to participate in any way in Bay View Bicycle Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the LAB, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

PARTICIPANT'S SIGNATURE (only if age 18 or over): \_\_\_\_\_ I HAVE READ THIS RELEASE \_\_\_\_\_ Date: \_\_\_\_\_

SPOUSE'S SIGNATURE (if family membership): \_\_\_\_\_ I HAVE READ THIS RELEASE \_\_\_\_\_ Date: \_\_\_\_\_

And I, the minor's parent and/or legal guardian, understand the nature of bicycling activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasee's from all liability, claims, demands, losses, or damages on the minors account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost any may incur as the result of any such claim.

PRINTED NAME OF PARENT/GUARDIAN: \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ I HAVE READ THIS RELEASE \_\_\_\_\_ Date: \_\_\_\_\_  
(if participant is under age 18)

For Membership Chair Use: \_\_\_\_\_ paid \_\_\_\_\_ card \_\_\_\_\_ entered

2/07/07

		
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<b>Buy local!</b> Our prices are competitive with the Internet and mail-order!		

Bay View Bicycle Club, Inc.  
P.O. Box 070455  
Milwaukee, WI 53207

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